

YORK UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
FACULTY OF HEALTH
2016 - 2017
PSYCHOLOGY 1010 6.0 D: INTRODUCTION TO PSYCHOLOGY

Tuesday 2:30 – 5:30 CLH - L

Instructor:

Dr. Doug McCann
Room 297 Behavioral Sciences Building
Email: intropsy@yorku.ca

**Emailing
Protocol:**

When you email Dr. McCann or the TA's include your Student ID and full name in your email with the course number on the subject line (if not, a reply is not guaranteed).

Office Hours:

Dr. McCann will be in his lab, room **040 Behavioural Sciences Building** (basement of bsb) for one half hour (5:30-6:00) to meet students after class. They are drop-in hours; no appointment is necessary.

Secretary:

Sabrina Iantorno, Admin. Secretary, (416)736 - 2100
ext:66268 Room 282 Behavioral Sciences Building

Course Website: Moodle

Course Description:

A survey of psychology introducing basic terms, concepts and methods. Included are topics such as biological bases of behaviour, learning, perception, motivation, cognition, child development, personality, and abnormal and social psychology.

Note: This course is required for all students who intend to pursue additional courses in psychology at the 2000, 3000 and 4000 levels. Students must pass the course with a minimum grade of C (4.00) in order to pursue further studies in psychology.

Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method and specified theories in psychology.
4. Discern differences between personal views and scientific evidence.

Course Learning Objectives:

In this course students will acquire and demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in the study of psychology.

They will learn about the following content areas: the History of Psychology, Methods in Psychology, Biological Bases of Behaviour, Sensation, Perception, Consciousness, Learning, Memory, Cognition and Language, Motivation, Emotion, Intelligence, Human Development, Personality, Health, Social Psychology, Psychopathology and Treatment.

Students will also be able to understand and explain human behaviour from biological, environmental, cognitive, evolutionary, psychodynamic, humanistic, and sociocultural perspectives. Furthermore, they will be able to integrate these perspectives and appreciate how heredity, environment, body and mind interact in shaping human behaviour.

Teaching Assistants:

Students are assigned to a specific Teaching Assistant alphabetically by the student's last name. This is an administrative decision and is designed simply to facilitate organization in the course. With a course enrollment of 500 students, it's important that each student have someone who is familiar with them and their grades etc. The teaching assistant to whom you are assigned will keep your exams and is the person you should visit to inquire about grades or to see your exam. If you have trouble meeting their office hours because other courses conflict simply contact them and they will arrange to transfer you to another TA whose hours you can make. Of course, since all the TA's will be familiar with course content feel free to drop by anyone's office hours to make inquiries.

Each of the TA's will be available for two hours each week for consultation regarding text readings, exams, grades, study habits, etc..

If you are having trouble with the lectures or the text visit the TA's. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology. The TA's will keep the exams in order that students may examine their exams, the right answers, and receive feedback from the TA's regarding how they are doing and how to do better. **THE EXAMS WILL NOT BE GIVEN BACK TO STUDENTS BUT WILL BE KEPT BY THE TA's.** No appointments are necessary for any of our office hours.

If you have a problem, drop by and see us or email - perhaps the easiest and fastest way to reach us about a problem is to email us. If you email us we often can answer your question or solve your problem very quickly. If that doesn't work make sure to drop by and see us in person during our office hours.

Teaching Assistants:

1. Ingrid Pechenkov

Moodle postings and Grades ingridg@yorku.ca

Ingrid does not hold office hours, please email her if you have any concerns regarding your posted grade

2. Students with last names beginning with A - Da

Katie Matthews km1992@yorku.ca

Office hours: Thur 11-1, room 319 Calumet College

3. Students with last names beginning with De - Jz

Jala Rizeq jalarize@yorku.ca

Office hours: Thur 12-2, room 049 BSB (Behavioural Sciences Building).

4. Students with last names beginning with K - Ng

Regis Caprara rcaprara@yorku.ca

Office Hours: Tuesday 1:30-2:30, Friday 12-1, room 321 BSB.

5. Students with last names beginning with Ni - Se

Rhonda Lo rondalo@yorku.ca.

Office Hours: 019 BSB, Tue and Wed 1-2

6. Students with last names beginning with Sh - Z

Volodymyr Slyvka vslyvka@my.yorku.ca

Office Hours: Tuesdays, 1230-230, room 150C BSB.

Grading:

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.students.yorku.ca/2016-2017/academic-and-financial-information/academic-services/grades-and-grading-schemes>)

Text:

Weiten, W. & McCann, D. (2016). Psychology: Themes and Variations (**4th** Canadian Edition). Toronto, Canada: Thomson-Nelson.

The Textbook package I have ordered for the course is available in the York University Bookstore. Just look for Psychology 1010 6.0 Section D. The textbook is the **only required** element. The book comes packaged with a few supplements that are important for study purposes. Past experience suggests that the more you use these supplements to study the better you will perform in the class. The package includes the following:

[0176739947 KIT: PSYCHOLOGY 4CE + CONCEPT CHARTS + MINDTAP PAC 12 MTH + THE PSYCHOLOGY OF STUDYIN](#)

The package retails at the York bookstore for \$146.95. Of course, you can purchase the textbook alone from other sources.

Course Lecture Notes:

Course Notes useful in taking lecture notes are available on through Moodle. These are a companion to the Powerpoint slides that Professor McCann uses in his lecture. They are designed to assist students in structuring their lecture notes and are not a substitute for attending class regularly. From time to time there may be some differences between these notes and the slides Professor McCann uses in his lectures – he sometimes updates his notes just before class. But they will provide you with a structure for your note taking.

THE NOTES ARE “**SKELETON**“ NOTES, THEY ARE INCOMPLETE, Attending CLASS WILL ALLOW YOU TO COMPLETE THE NOTES.

COURSE OUTLINE – FALL TERM

<u>DATE</u>	<u>TOPIC</u>	<u>READINGS</u>
Sept 13	Introduction	Chpt. 1
Sept 20	Methodology Appendix B	Chpt. 2 &
Sept 27	Brain and Behaviour	Chpt 3
Oct 4	Test Review with <i>sample</i> questions	
Oct 11	TEST #1 All the above readings/lectures/videos class demonstrations	
Oct. 18	Sensation & Perception	Chpt 4
Oct .25	Consciousness (+ Bonus Exercise)	Chpt 5
Nov 1	Learning	Chpt 6
Nov. 8	Memory	Chpt 7
Nov. 15	TEST 2 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 1.	
Nov. 22	Cognition and Language	Chpt 8
Nov. 29	Intelligence	Chpt 9



HOLIDAY BREAK

COURSE OUTLINE: WINTER TERM

Jan 10	Motivation	Chpt 10
Jan 17	Emotion	Chpt 10
Jan 24	TEST 3 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 2.	
Jan 31	Development	Chpt 11
Feb 7	Personality	Chpt 12
Feb 14	Social Psychology I	Chpt 13
Feb 21	Reading Week: No Class	
Feb 28	Social Psychology II	Chpt 13
Mar 7	TEST 4 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 3.	
Mar 14	Stress & Health	Chpt 14
Mar 21	Psychopathology I	Chpt 15
Mar 28	Psychopathology II	Chpt 16
April 4	UNIT TEST 5 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 4:	

Classes end April 5th

NOTE: There is no exam for this course in the Final Exam Period. Evaluation is based on the 5 in-class tests. All tests are held in the lecture classroom.

IMPORTANT DATES website links:

Add/Drop Deadlines

For a list of all important dates please refer to the Registrar's website at: [Important Dates](#)

Important dates	Fall (F)	Year (Y)	Winter (W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept. 21	Sept. 21	Jan. 18
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct. 5	Oct. 19	Feb. 1
Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 11	Feb. 10	March 10
Course Withdrawal Period (withdraw from a course and receive a "W" on the transcript – see note below)	Nov. 12 - Dec. 5	Feb. 11 - Apr. 5	March 11 - Apr. 5

<http://www.registrar.yorku.ca/enrol/dates/> - From here you can access the academic calendar dates, including drop dates, co-curricular & reading weeks, exam periods etc. Also religious holidays and the policy on religious accommodation

<http://www.yorku.ca/secretariat/policies/document.php?document=68> - Policy on Accommodation for students with Disabilities

Links related to Academic Honesty.

1) <http://health.yorku.ca/current-student-information/academic-honesty/>

2) http://www.yorku.ca/spark/academic_integrity/index.html

3) <http://www.yorku.ca/secretariat/policies/document.php?document=69> The Senate Policy on Academic Honesty

A more general document on Student Rights and Responsibilities:

4) <http://www.yorku.ca/secretariat/policies/document.php?document=202> Code of Student Rights and Responsibilities

Note: Continuing Study in Psychology

The Senate of York University has passed a regulation stating that students must obtain a **minimum grade of C (4.0) in AS/SC/PSYC 1010.06** in order to be permitted to pursue a degree in Psychology or to take any further course work in psychology even if they do

not plan to major in Psychology. This regulation applies to students wishing to take Psychology courses in the Faculty of Arts and the Faculty of Pure and Applied Sciences. The regulation applies to students who enter the university in FW 96 or after.

COURSE FORMAT

The lectures will discuss and expand upon text readings. You should note that although not all text material will be discussed directly in class you are responsible for all the text readings for test purposes. In addition, some of the lectures will discuss material not available in the text. Again, you are responsible for this material. If you miss a class, try to borrow notes from a classmate. This course will be conducted primarily in a lecture format (there are no tutorials). **When studying for tests, do not study just from the text or just from the lecture notes.**

Videos will be shown from time to time and general questions derived from this material may appear on tests. Periodically, research demonstrations and experiments will be conducted in class. These are generally designed to illustrate important concepts or to give experience in participating in a subject role in research. Although direct participation is voluntary, it is encouraged and the results of any such exercise will be discussed in class where relevant and questions based on this material may appear on tests. If in doubt as to the material to be examined on tests, please ask the TA's or Dr. McCann.

EVALUATION OF STUDENTS

Tests

Student evaluation is based on two components. 5 equally weighted tests constitute **96%** of your final grade. Each test counts 19.2% toward your final grade. These tests typically consist of 80 multiple-choice questions. Tests are generally non-cumulative in nature.

4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program) research opportunities.

To earn the 4% research mark you must participate in 3 hours of research in the Fall term (for 2%) and 3 hours of research in the winter term (for 2%). You cannot obtain the full 4% credit unless you do 3 hours of research in each term. All of this is done under the direction of the URPP coordinator, not Professor McCann.

The URPP coordinator will visit our class in the first few weeks of the course to describe the URPP program and your participation in it. All Introductory psychology students can receive 4% for participating in 6 hours of research run by the URPP. The 4% is added on to your exam grades to give you a final grade out of 100%. You can contact them at

urpp@yorku.ca. If you have any concerns regarding urpp points or participation, email them, not your instructor or TA.

BONUS MARK EXERCISE OPPORTUNITY: October 25

During class time Dr. McCann will lecture on the topic of Mindfulness Meditation. Meditation is one of the topics covered in Chapter 5, which is the reading for that day. During the lecture students will be instructed on Mindfulness Meditation and will be provided with the opportunity to engage in Meditation under Dr. McCann's supervision. A written exercise will be provided in class which student can complete and hand in. The exercise will be graded (Maximum 2% added on to your final grade). **Only students who come to class that day will be provided with this bonus opportunity since it depends directly on the classroom exercise.** If you have any concerns, please talk to Dr. McCann before that class.

MISSED TESTS

Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement which can be found at: <http://registrar.yorku.ca/pdf/attending-physicians-statement.pdf>) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

Missed tests happen – some students occasionally miss tests. Such an occurrence is not to be taken lightly. The instructor – not the TA – decides if you will be given a make-up exam opportunity. The only officially recognized reason for missing a test is a medical one, documented with a medical note. Any test missed on medical grounds must be accompanied by an Attending Physician's Statement or a Statement by a Psychologist, Psychiatrist, or Counselor.

Other non-medical ground for missing a test, include religious observance (obtain and complete a Religious Accommodation Agreement well before the exam date http://www.registrar.yorku.ca/pdf/exam_accommodation.pdf), a death in the family and must be supported by appropriate documentation (i.e., obituary, death certificate, emergency travel documents). Student Athletes must obtain documentation from their coach giving reasons for the absence and dates.

For an illness, ***YOU MUST OBTAIN AND USE THE MEDICAL FORM titled "Attending Physician's Statement Form. A simple Doctor's note is not sufficient. The Attending Physician's Statement is available from***

http://www.cse.yorku.ca/~utn/attending_physician_statement.pdf

PERMISSION TO WRITE A MAKE-UP EXAM IS AT THE DISCRETION OF THE COUSE Instructor.. YOU CAN APPEAL HIS DECISION TO THE APPROPRIATE FACULTY COMMITTEE.

Upon presentation of the Attending Physician's Form, the Instructor will organize a make-up exam opportunity. The make-up exam ***must be written when scheduled by the instructor*** (see [Departmental Guidelines](#)). The only reason other than a medical one for missing a scheduled make-up exam is that you have a previously scheduled exam that conflicts. Contact your TA immediately upon missing a test.

Academic Accommodation for Students with Disabilities:

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. Policy Statement

Policy: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses. Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#)

Accessibility/Disability

York University provides services and accommodation for students with special needs and disabilities – including, medical, learning, physical, and psychiatric concerns. Students in need of such services are encouraged to register with disability services as soon as possible to ensure that appropriate academic accommodations can be arranged (<http://cds.info.yorku.ca>).

If you are registered with the Counselling and Disability Services (CDS) and will be writing your tests through “alternative exams” (arranged by the Registrar's Office), you must provide the Course Director with your letter of accommodation at the beginning of the course. It is important that, at the beginning of the year, you schedule ALL tests with that office. If you miss a test, you must make arrangements immediately with that office to write a make-up test, notify me of your absence, and provide me with your documentation for missing the test.

Religious Observance Accommodation

If any test dates pose a problem for you with regard to your Religious Observance please inform Dr. McCann at least three weeks before the test. Alternative tests dates will be arranged. You may wish to complete a Religious Accommodation Form available at http://www.registrar.yorku.ca/pdf/exam_accommodation.pdf.

Academic Integrity for Students

York university takes academic integrity very seriously, please visit [an overview of Academic Integrity at York University](#) from the Office of the Vice-President Academic.

The following links will assist you in gaining a better understanding of academic integrity and point you to resources at York that can help you improve your writing and research skills:

- [Information about the Senate Policy on Academic Honesty](#)
- [Online Tutorial on Academic Integrity](#)
- [Information for Students on Text-Matching Software: Turnitin.com](#)
- [Beware! Says who? A pamphlet on how to avoid plagiarism](#)
- [Resources for students to help improve their writing and research skill](#)

Test Banks:

The use of test banks is not permitted in this course and may be considered a potential breach of academic honesty. This includes but is not limited too; buying or selling test banks.

Electronic Devices During a Test/Examination:

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic devise during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

Course Materials Copyright Information:

These course materials are designed for use as part of the PSYC 1010 6.0D course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

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